



THE BIG ISSUE CYMRU





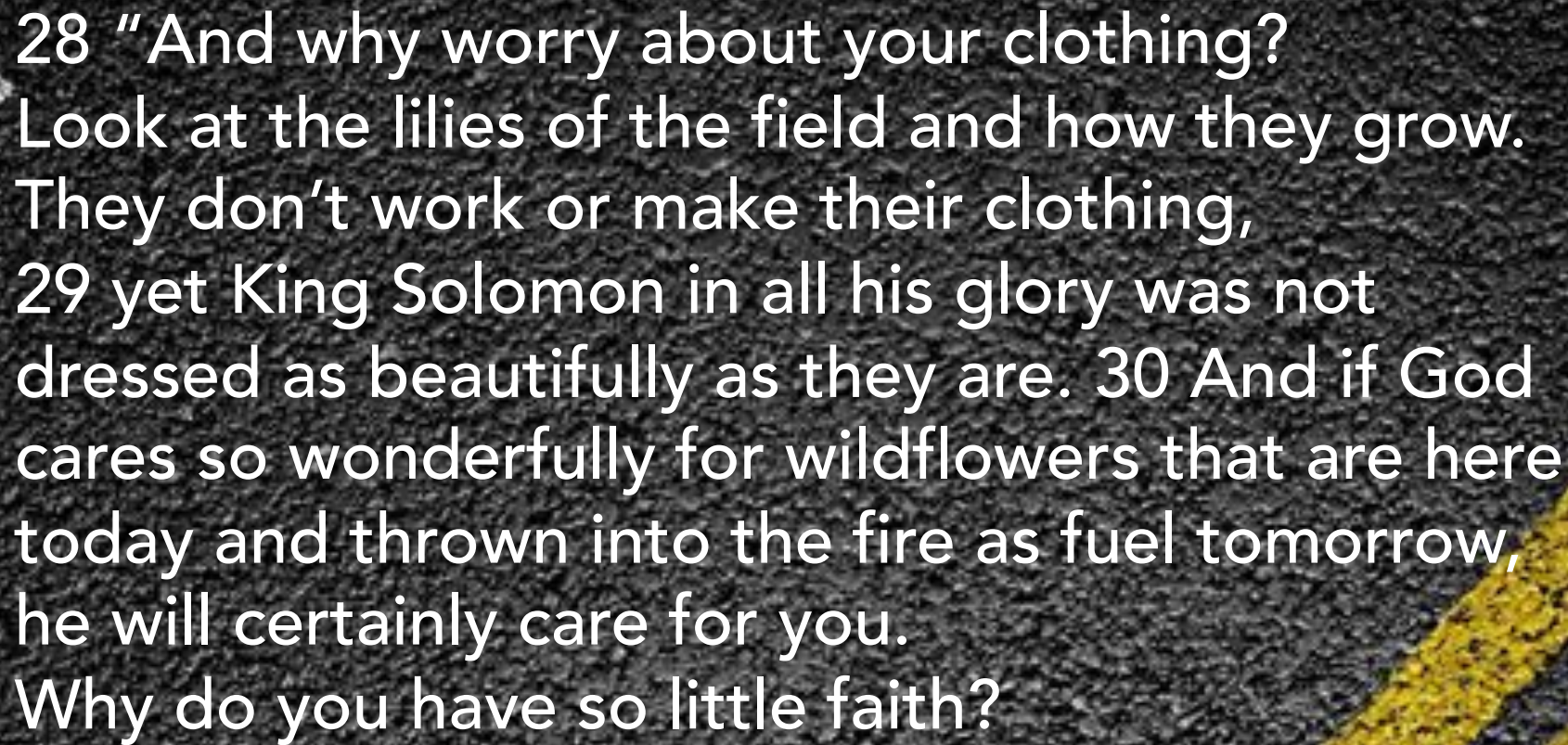
Ephesians 2: 10
For we are God's masterpiece.
He has created us anew in Christ Jesus,
so we can do the good things
he planned for us long ago.





25 "So do not to worry about everyday life — whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing?

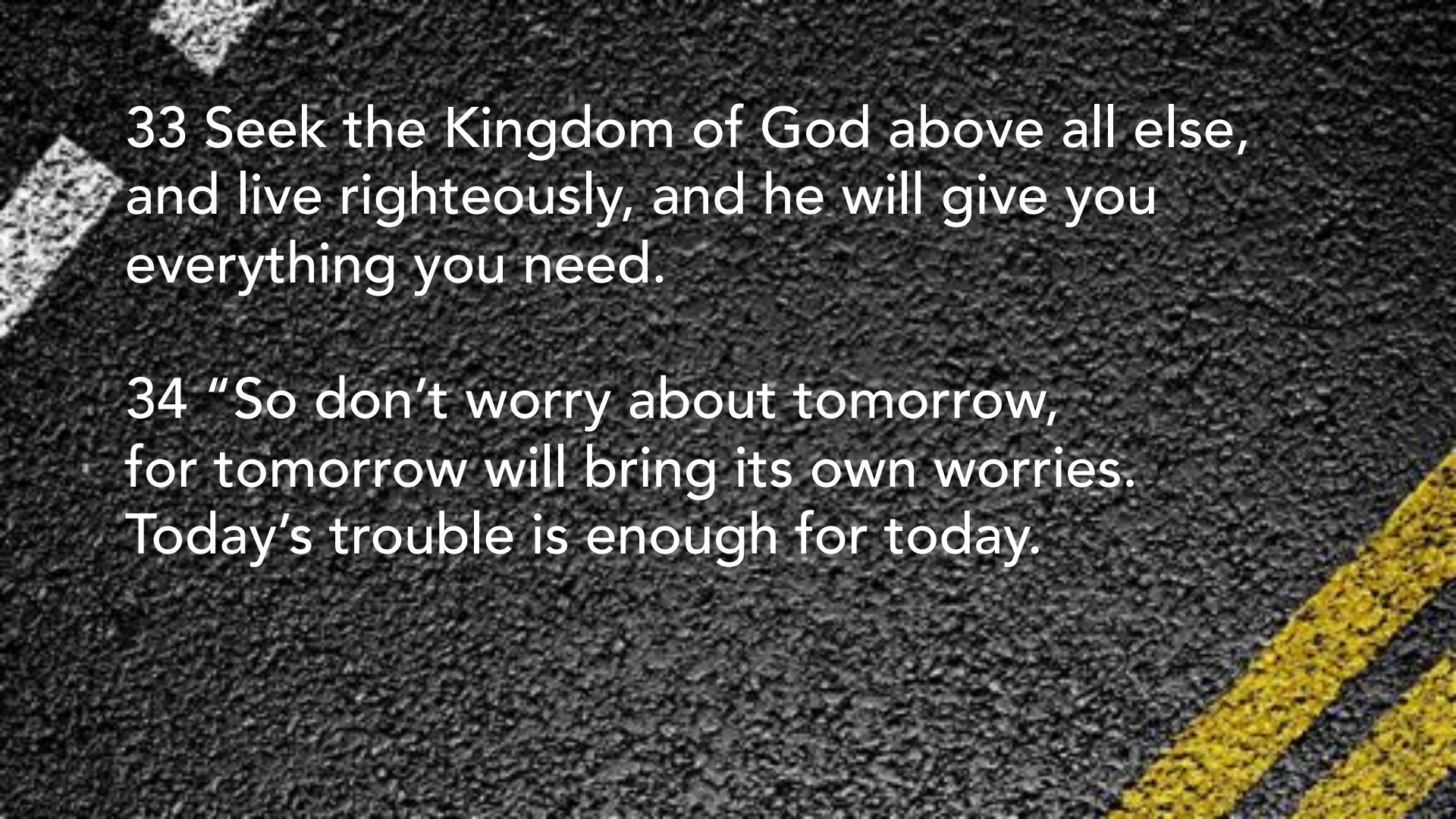
26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? 27 Can all your worries add a single moment to your life? Of course not.



28 "And why worry about your clothing?
Look at the lilies of the field and how they grow.
They don't work or make their clothing,
29 yet King Solomon in all his glory was not
dressed as beautifully as they are. 30 And if God
cares so wonderfully for wildflowers that are here
today and thrown into the fire as fuel tomorrow,
he will certainly care for you.
Why do you have so little faith?

31 "So don't worry about these things, saying,
'What will we eat? What will we drink? What will
we wear?'

32 These things dominate the thoughts of
unbelievers, but your heavenly Father already
knows all your needs.



33 Seek the Kingdom of God above all else,
and live righteously, and he will give you
everything you need.

34 "So don't worry about tomorrow,
for tomorrow will bring its own worries.
Today's trouble is enough for today.

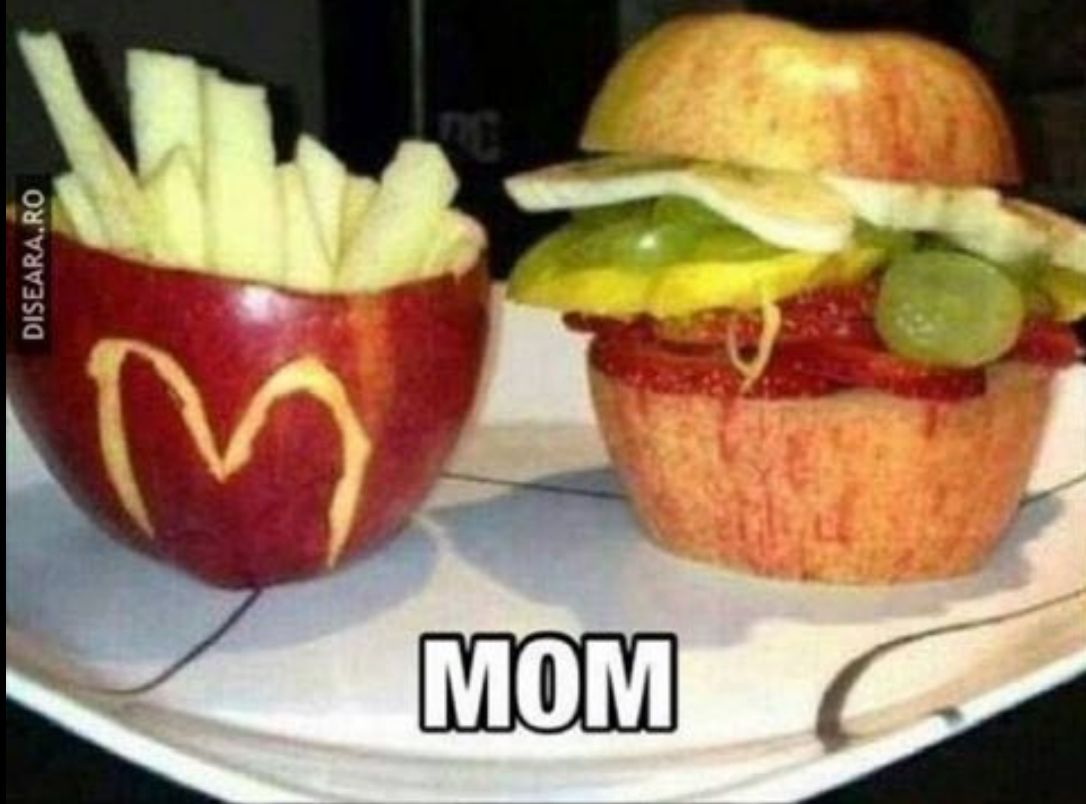


25 "So do not to worry about everyday life
— whether you have enough food and drink, or
enough clothes to wear. Isn't life more than food,
and your body more than clothing?

...Seek the Kingdom of God above all else,
and live righteously, and he will give you
everything you need."



NICE TRY



MOM





For he satisfies the thirsty and fills the hungry with good things. Psalm 107: 9







THE GREAT BRITISH
BAKE OFF





That is why I tell you don't worry about everyday life — whether you have enough food and drink, or enough clothes to wear...
...Can all your worries add a single moment to your life? Of course not.

Luke 12. 26

And if worry can't do little things like that, what's the use worrying over bigger things?

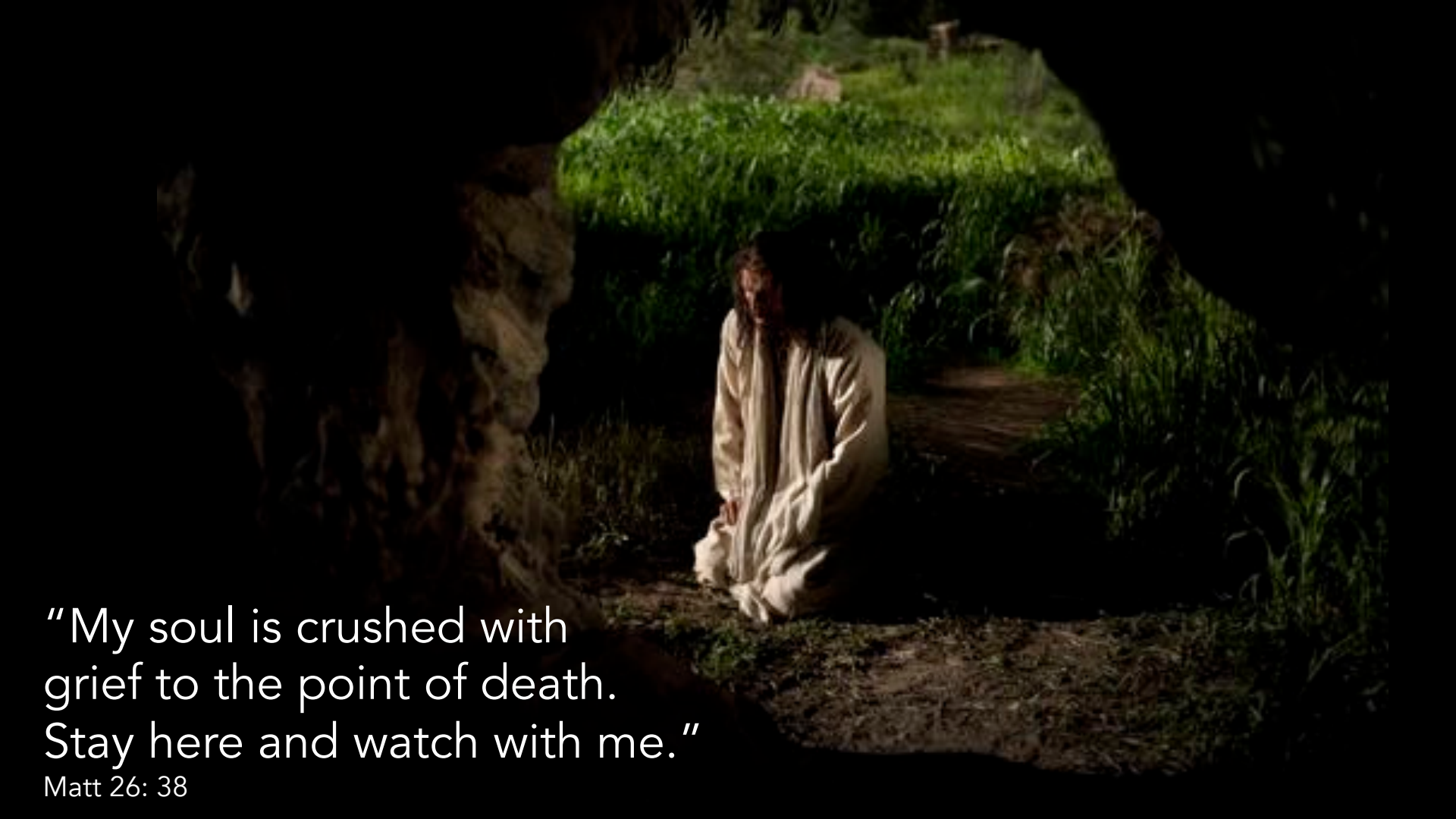


YES

You can



Worry is unnatural.
You weren't born a worrier.
It is a learned response to life.
In fact, you have to practice to
get good at it.
Fortunately worry can be
unlearned.



"My soul is crushed with
grief to the point of death.
Stay here and watch with me."

Matt 26: 38



How?

1



Philippians 4:

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

7 Then you will experience God's peace, which exceeds anything we can understand.

His peace will guard your hearts and minds as you live in Christ Jesus.



2



3





4



Romans 8: 32

Since he did not spare even his own
Son but gave him up for us all,
won't he also give us everything else?



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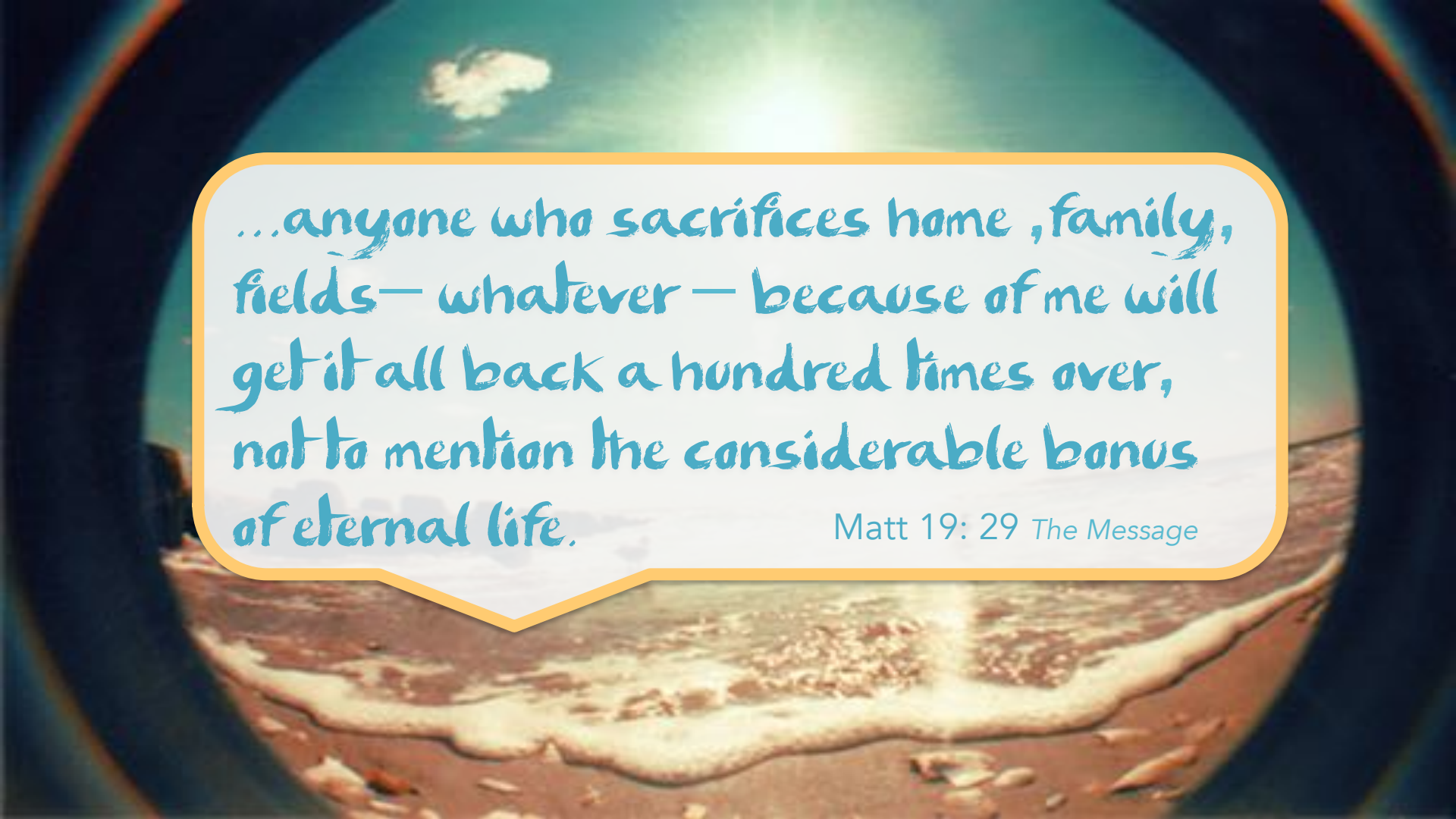
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*FOMO

Do you
have it?

*fear of missing out



...anyone who sacrifices home, family, fields— whatever — because of me will get it all back a hundred times over, not to mention the considerable bonus of eternal life.

Matt 19: 29 *The Message*